

Stroke club

The Stroke club meets twice a month at Tavistock Area Support Services. They are a lively group with ages ranging from 50 to late 80's.

Transport is provided at minimal cost.

The club enjoys games, social conversation & interaction, speakers, music, lunch out and many more exciting and stimulating activities.

The group is supported by a friendly team of volunteers.

Stroke club meets at:
Tavistock Area Support Services,
The Anchorage Centre,
Chapel Street,
Tavistock

The meetings are held on the first and third Thursday of every month from **10am** to **12pm**.

The stroke club co-ordinator is:
Christine Farrance

If you are interested or want to find out more, please contact Christine on 01822 832587

For information of other aspects of stroke contact stroke helpline on:
0845 3033 100